



Co-Enzyme Q10 (20ml Spray Bottle)



Benefits(1)

(EFSA-approved claims in italics)

A Co-Enzyme Q10 Spray is designed to be taken directly into the back of the mouth at the throat and swallowed easily without the need for water.

CoQ10 is synthesised in the body and is necessary for the energy metabolism and the transformation of food into physiological energy production in the mitochondria (which is the source of power in our cells).

Coenzyme Q10 maintains a healthy heart, maintains consistent blood pressure, and may help towards a steady cholesterol level.

As the heart muscles are permanently active and thus use significant quantities of CoQ10 are required.

The focus of CoEnzyme Q10 is helping with the production of adenosine triphosphate (ATP). ATP is a molecule that helps to deliver energy to almost every cell in the body.

As we get older, our level of CoQ10 can become lower, and this can have an impact on energy and increased fatigue.

Also, it has been shown that maintaining a healthy level of CoQ10 is important for people taking a statin medication, as these drugs can inhibit the body's production of CoQ10 and limit energy output.

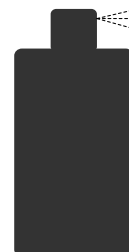
Directions for use / Dosage

Spray between 1-4 times Periodically throughout the day on to the back of the mouth at the throat.

Active Ingredients

Nutritional Information		
Each spray contains		EC NRV
Coenzyme Q10	30mg	
*EC Nutrient Reference Value		

*Nutrient Reference Value (EU) 1169/2011



(1)Please note this information is intended as a guide only and is not legally binding. It is the customer's responsibility to ensure regulatory compliance in the country of sale.