



Omega-3 Spray (From Flaxseed Oil)

(20ml Spray Bottle)



Benefits(1)

(EFSA-approved claims in italics)

Our Omega-3 Spray is designed to be taken directly into the back of the mouth at the throat and swallowed easily without the need for water.

The Flaxseed Oil is of the highest quality and is a natural source of Alpha-Linolenic Acid (ALA).

This is an Omega-3 fatty acid, and as the body is unable to produce it on its own, Omega-3 fatty acids are essential dietary additions.

What benefits can come from Flaxseed Oil?

Flaxseed Oil benefits come from its Omega-3 fatty acid content, which is essential for the body's overall well-being and health. Flaxseed Oil contains the essential fatty acid alpha-linolenic acid (ALA), which the body converts into eicosapentaenoic acid (EPA), and docosahexaenoic acid (DHA), which is the Omega-3 fatty acids found in fish oil.

Alpha-Linolenic Acid (ALA) contributes to the maintenance of normal blood cholesterol levels. This beneficial effect can be found with a daily intake of 2g of ALA from food and supplements.

Flaxseed Oil has various potential health benefits such as reducing cardiovascular disease, atherosclerosis, diabetes, cancer, arthritis, osteoporosis, autoimmune and neurological disorders.

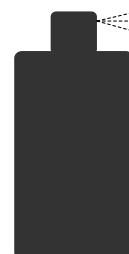
Directions for use / Dosage

Spray 5 times Periodically throughout the day on to the back of mouth at the throat.

Active Ingredients

Nutritional Information		EC NRV
Each spray contains		
Omega-3 (from Flaxseed Oil)	70mg	
*EC Nutrient Reference Value		

*Nutrient Reference Value (EU) 1169/2011



(1)Please note this information is intended as a guide only and is not legally binding. It is the customer's responsibility to ensure regulatory compliance in the country of sale.