

## Liposomal Vitamin D3V 25mcg + K2 25mcg

## Benefits(1) (EFSA-approved claims in italics)

Vitamin D is an important vitamin:

Vitamin D contributes to normal absorption/ utilisation of calcium and phosphorus and to normal blood calcium levels.

Vitamin D contributes to the maintenance of normal teeth.

Vitamin D contributes to the maintenance of normal muscle function.

Vitamin D contributes to the normal function of the immune system.

Vitamin D has a role in the process of cell division.

Vitamin D is needed for the normal growth and development of bones and vitamin K also contributes to the development of normal bones.

Vitamin D helps to reduce the risk of falling associated with postural instability and muscle weakness. Falling is a risk factor for bone fractures among men and women 60 years of age and older.

Vitamin D and vitamin K contribute to the maintenance of normal bones.

Vitamin K contributes to normal blood clotting

Vitamin K contributes to the maintenance of normal bones

*MK-7* is a highly bioavailable form of vitamin K that helps maintain a healthy cardiovascular system.



*MK-7* is a highly bioavailable form of vitamin K that helps keep the heart and blood vessels healthy.

## Directions for use / Dosage

Take 5ml (or 1 teaspoon) per day either with water of direct into mouth.

## Packaging

Various sizes from 100ml to 250ml, in amber glass / Plastic bottle with tamper evident screw cap, with or without retail carton.

Per dose			
Ingredient	Label claim		%NRV*
Vitamin D3	25 (1000iu)	μg	500
Menaquinone-7 (MK-7, a form of vitamin K2)	25	mcg	33